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Living well with anxiety

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Carolyn chambers clark, award-winning author

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An interview with dr. clark, author of living well

author of Living Well with Anxiety: What Your Doctor Doesn't Doctor Doesn't Tell You That You Need to Know. Carolyn Chambers Clark is a board

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Reminder: This is a support group for Anxiety. We trust you will do your best to remain positive and helpful. For more information, see our rules of the road.